



Dr. Rolando Loria Ruiz
Oncólogo Radioterápico

Rectal preparation

Rectal Preparation Instructions

CT Simulation for Radiation Therapy

Dear Patient:

To properly perform your CT simulation, it is very important that your rectum is empty. This helps us accurately plan your radiation treatment.

Please follow these instructions:

The night before your appointment

- Use one dose of Paralax®, as prescribed.
- Drink one full glass of water afterward.

On the day of your CT simulation

- Use one dose of Paralax® 2 to 4 hours before your appointment
- (ideally 3 hours before).
- Drink one full glass of water after using the medication.
- Try to have a bowel movement before leaving home.

Important notes

- Do not skip any dose.
- Eat light meals the day before, if possible.
- If you are unable to have a bowel movement, please still come to your appointment and inform the staff.

If you have any questions, please contact our clinic.

Sincerely,
Radiation Oncology Team